

Bioboosting Feed: Biotin, Vitamin and Caffeine Boosting Delivery system.

The hair booster

Consumer needs Men and women care about hair strength and growth

46% of men wish that their hair would be **thicker**.

26% of men worry about hair loss when shampooing their hair.

70% of men are affected by hair loss.



19% of females complain about **hair thinning**.

11% of females complain about a **lack of hair growth** and wish their hair would grow **faster**.

40% of women are affected by **hair loss**.

Source: Women's Haircare, 2015 (UK) und Men's Haircare, 2017 (UK), Mintel

Biotin

An effective combination to boost your hair

Biotin

Metabolic processes of keratinocytes

Linoleic acid

Synthesis of ceramides 1 and 2, involved in the mechanical stability of the hair

D-Panthenol

Hair thickness and regeneration of damaged hair



Vitamin E

Decelerating keratin and hair pigments photooxidative decomposition

Caffeine

Microcirculation and supply of nutrients to hair and scalp



Biotin

Liposomally encapsulated combination of actives conducive to improved hair density and growth conditions.

Improved delivery of active ingredients into the scalp and hair root area Provides visible and perceptible results

Contributes to improve hair density, normalizing the ratio of anagen and telogen hair growth phases

Bioboosting Feed Composition and properties



How do we know?

Our studies

Bioavailability

Hair loss prevention

Our studies Summary

	Ex vivo bioavailability study	In vivo hair loss prevention study & self-assessment
Test area	<i>Ex vivo</i> skin	12 panelists (6 female, 6 male, aged 31 – 60)
Test formulation	Bioboosting feed delivery system loaded with hydrophilic and lipophilic fluorescent markers vs. unencapsulated markers at equivalent concentrations.	Hair tonic formulation with 10%
Time of measurement	Measurements after 8 and 16 hours of penetration	Start 24 weeks
Test design	Determination of penetration profile of hydrophilic fluorescent marker CF (6-Carboxyfluorescin) and lipophilic fluorescent marker DiL* into the skin and hair root area using confocal laser scanning microscopy on cross-sectional cuts of skin biopsies.	Application once daily over 24 weeks. After 6, 12 and 18 weeks measurement of ratio of anagen to telogen phase hair and hair density supported by photo-documentation. Panelist self-assessment on cosmetic acceptance, efficacy and tolerance after 24 weeks.
Results	enhances the bioavailability of hydrophilic and lipophilic actives for hair care applications. * IUPAC name: (2Z)-2-[(E)-3-(3,3-dimethyl-1-octadecylindol-1-ium-2-yl)prop-2- enylidene]-3,3-dimethyl-1-octadecylindole; perchlorate	 Normalization of ratio between hairs in anagen and telogen phase to the healthy 80:20 state Increase of hair density by 9% in male and 16% in female subjects Subjective scoring of good sensory results for applied hair

tonic formulation.

Test system	<i>Ex vivo</i> skin
Test concentration	 Biotinboosting feed delivery system loaded with hydrophilic and lipophilic fluorescent markers Ethanol/water solution with hydrophilic and lipophilic fluorescent markers
Time of measurement	Measurements after 8 and 16 hours of penetration
Measurement	Penetration profile of hydrophilic fluorescent marker CF (6- Carboxyfluorescin) and lipophilic fluorescent marker DiL* into the skin and hair root area
Observed activity	The fluorescence was determined using confocal laser scanning microscopy on cross-sectional cuts of skin biopsies.

* IUPAC name: (2*Z*)-2-[(*E*)-3-(3,3-dimethyl-1-octadecylindol-1-ium-2-yl)prop-2-enylidene]-3,3-dimethyl-1-octadecylindole; perchlorate



Ex vivo bioavailability study Improved availability of the ingredient

CF + DiL in Bioboosing feed

Penetration profile of hydrophilic (CF) and lipophilic (DiL) fluorescent markers into the skin and hair root area



The delivery system was able to deliver hydrophilic (yellowish signal) and lipophilic (reddish signal) ingredients into the skin and hair root area within 8 hours indicating that the delivery system is able to enhance the bioavailability of actives for hair care applications.

CF + DiL in Ethanol/water

(very poor) possible).

Number of panelists	6 male and 6 female panelists with diffuse hair loss (aged 31-60)
Test formulation	Hair tonic formulation containing 10%
Application	Panelists apply the test formulation once daily over a period of 24 weeks (leave-on application). Measurements were taken after 6, 12, 18 and 24 weeks.
Application area	Scalp
Measurement	Ratio of anagen to telogen phase hair and hair density by means of TrichoScan [®] (TRICHOLOG GmbH, Freiburg, Germany), Self-

assessment by panelists (rating between 1 (very good) and 6





After 24 weeks of application, the test formulation containing 10% helps to normalize the ratio of hair in anagen / telogen

phases towards the healthy 80:20 state.



After 24 weeks of application of test formulation containing 10% the hair density of the male panelists has increased by 9.5% suggesting that the application may have contributed to provide conditions conductive to hair growth.

In vivo hair loss prevention study and self-assessment photo documentation – example panelists





After 24 weeks of application of test formulation containing 10% the hair density of the female panelists has increased by 16% suggesting that the application may have contributed to provide conditions conductive to hair growth.

In vivo hair loss prevention study and self-assessment photo documentation – example panelists



In vivo hair loss prevention study and self-assessment Panel results



The sensory profile of the hair tonic containing 10% provides good results regarding the evaluation of the formulation itself and the perceived properties during the application on scalp and hair.

Bioboosting Feed...

 Bioavailability
 Hair loss prevention

 ... improves the delivery of hydrophilic and lipophilic active ingredients into the scalp and hair root area
 ... contributes to improve hair density, normalizing the ratio of anagen and telogen hair growth phases and provides visible and perceptible results during application

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Our studies Summary of Methods

Test	Methods
Bioavailability	Confocal laser scanning microscopy
Hair loss prevention	TrichoScan [®] (TRICHOLOG GmbH, Freiburg, Germany). Combines Epiluminescence Microscopy (ELM) with automatic digital image analysis Uses a computer visualization-based counting methodology to obtain a value for hair density (No. hairs/cm ²) and the anagen/telogen ratio.

Hair structure

- A hair follicle is a mammalian skin organ that produces hair. Stem cells are responsible for hair production.
- The hair papilla is a large structure at the base of the hair follicle. The papilla is made up mainly of connective tissue and a capillary loop. Cell division in the papilla is either rare or non-existent.
- Hair matrix around the papilla is the hair matrix, a collection of epithelial cells often interspersed with the pigment-producing cells, the melanocytes. Cell division in the hair matrix produces the cells that form the major structures of the hair fiber and the inner root sheath.
- The hair bulb/ bulge is located in the outer root sheath at the insertion point of the arrector pili muscle. It houses several types of stem cells, which supply the entire hair follicle with new cells, and take part in healing the epidermis after a wound.



Hair grows in cycles of various phases :

- Anagen phase: active growth phase of hair follicles during which the hair root is dividing rapidly. Typical growth rate: about 1 cm every 28 days for 2–7 years. Growth rate and remain in this stage are genetically determined. At the end of the anagen phase an unknown signal causes the follicle to go into the catagen phase.
- **Catagen phase (CP):** short transition stage occurring at the end of the anagen phase, signaling the end of the active growth of hair. CP lasts for about 2–3 weeks while the hair converts to a club hair. Club hair is formed during CP when the part of the hair follicle in contact with the lower portion of the hair becomes attached to the hair shaft. This process cuts the hair off from its blood supply and from cells producing new hair. When a club hair is completely formed, the hair follicle enters the telogen phase.
- **Telogen phase**: resting phase of hair follicle. When the body is subject to extreme stress, up to 70% of hair can prematurely enter the telogen phase and causing a noticeable loss of hair. This condition of stress is called *telogen effluvium*. The club hair is the final product of a hair follicle in the telogen stage, and is a dead, fully keratinized hair. 50- 100 club hair are shed daily from a normal scalp.
- Normally up to 90% of the hair follicles are in anagen phase while, 10–14% are in telogen and 1–2% in catagen. The cycle's length varies on different parts of the body.



- Androgenic alopecia is hair loss that occurs due to an underlying susceptibility of hair follicles to androgenic miniaturization. It is the most common cause of hair loss and will affect up to 70% of men and 40% of women at some point in their lifetime. It more often causes diffuse thinning without hairline recession that rarely leads to total hair loss, although it is possible. Male and female follow different patterns.
- Alopecia areata (AA) is a condition in which hair is lost from some or all areas of the body, usually from the scalp. Because it causes bald spots on the scalp, especially in the first stages, it is sometimes called spot baldness. In 1–2% of cases, the condition can spread to the entire scalp (alopecia totalis, which involves the loss of all head hair) or to the entire epidermis (alopecia universalis, which involves the loss of all hair from the head and the body.





Hair growth cycle is changing during ageing and alopecia

